FORWARD MOTION LEADERSHIP COACHING Michelle Trayers | 803-457-0032 | michelle.trayers@gmail.com **Coaching Client Information** Name Preferred Phone ______ Email _____ Please check any of the following assessments you have completed in the past, and the results: Myers–Briggs (your temperament: _____) ____ Spiritual gifts (top gifts: _____) ____ Your core values (list: ______) Your vision, calling, or personal mission statement (describe: ______ _____

Your brief answers to the following questions will help us get started.

1. What are the most important things happening in your life right now?

2. In what ways would you like your life to be different 6 months from now?

3. What would you like to accomplish as the result of our work together?

4. What concerns or doubts do you have about coaching?

5. As your coach, I would benefit from knowing this about you: